


Farrell Area Schools Head Start Breakfast Menu

April 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	3 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	4 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	5 WG BLUEBERRY MINI LOAF 7/g sugar per ounce 4oz Orange Juice 1% White Milk
	8 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	9 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	10 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	11 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	12 WG CHOCOLATE MINI LOAF 7/g sugar per ounce 4oz Orange Juice 1% White Milk
	15 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	16 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	17 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	18 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	19 WG BLUEBERRY MINI LOAF 7/g sugar per ounce 4oz Orange Juice 1% White Milk
All bread is whole grain	22 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	23 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	24 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	25 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	26 WG CHOCOLATE MINI LOAF 7/g sugar per ounce 4oz Orange Juice 1% White Milk
Menu subject to change	29 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	30 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	5/1 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	5/2 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	5/3 WG BLUEBERRY MINI LOAF 7/g sugar per ounce 4oz Orange Juice 1% White Milk

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

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	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Spring Break Farrell Cafeteria is looking for workers Applications are in Central Office 724.509.1266	2 WALKING TACOS with Whole Grain Tortilla Chips Black Beans / Corn 1/2 cup fresh or cupped fruit Low fat milk	3 CHICKEN NUGGETS Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk	4 ASIAN CHICKEN on Bed of Brown Rice Steamed Broccoli 1/2 cup fresh or cupped fruit Low fat milk	5 MEATLOAF Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk
		8 SLOPPY JOES on Whole Grain Bun Hash Browns 1/2 cup fresh or cupped fruit Low fat milk	9 HOT HAM & CHEESE SANDWICH on Whole Grain Bun Steamed Broccoli 1/2 cup fresh or cupped fruit Low fat milk	10 CHICKEN SANDWICH on Whole Grain Bun Baked Beans 1/2 cup fresh or cupped fruit Low fat milk	11 PENNE PASTA with MEAT SAUCE Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk
Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other	15 MEATBALL HOAGIE on Whole Grain Bun French Fries 1/2 cup fresh or cupped fruit Low fat milk	16 NACHOS GRANDE on Whole Grain Tortilla Chips Corn or Black Beans 1/2 cup fresh or cupped fruit Low fat milk	17 CHICKEN TENDERS Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk	18 ZITI PASTA with MEAT SAUCE Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	19 STUFFED CRUST PIZZA Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk
All bread is whole grain	22 CHEESEBURGERS French Fries Fresh Cauliflower 1/2 cup fresh or cupped fruit Low fat milk	23 WALKING TACOS with Whole Grain Tortilla Chips Black Beans / Corn 1/2 cup fresh or cupped fruit Low fat milk	24 CHICKEN SANDWICH on Whole Grain Bun Baked Beans 1/2 cup fresh or cupped fruit Low fat milk	25 ROTINI with MEAT SAUCE Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	26 CHEESE PIZZA Tater Tots 1/2 cup fresh or cupped fruit Low fat milk
Menu subject to change	29 TOASTED CHEESE SANDWICH Tomato Soup 1/2 cup fresh or cupped fruit Low fat milk	30 CHICKEN NUGGETS Dinner Roll Broccoli & Cheese 1/2 cup fresh or cupped fruit Low fat milk	May 1 BAKED CHICKEN Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk	May 2 PENNE PASTA with MEAT SAUCE Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	May 3 CHEESE PIZZA Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk

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